

A Guide to Your Child's 1st Two Years

From 18 to 24 Months

Listen to short stories. Turn pages of books. Jump and run. Take off shoes and socks. Sometimes use two words together. Make simple choices (this or that book?). Imitate crayon strokes. Ask questions using inflection. Walk up and down stairs with help. Copy another child's play. Wash their own hands. Show a wide variety of emotions. Do the opposite of what's asked. Express affection. Say their own name!

From 12 to 18 Months

Feed themselves with a spoon. Say two or three different words. Hold and drink from a cup with some spilling. Try putting on own shoes. Build a tower with at least three blocks. Point to things or pictures when named. Climb up stairs. Help you do things. Walk without help. Ask for things using words. Be messy. Scribble with a crayon. Show off. Give hugs and kisses. Say NO!

From 9 to 12 Months

Play peek-a-boo. Bang two objects together. Creep or crawl on all fours. Wave bye-bye. Pick up tiny objects with index finger & thumb. Get to sitting by themselves. Point to objects and poke with index finger. Feed themselves with fingers. Put things into containers. Pull to stand and cruise along furniture. Answer simple questions (do you want more?). Look at and pat pictures in books

From Birth to 3 Months

Be close to your body and cuddle, curled up in your arms. Learn to suck and swallow easily from breast or bottle. Look at your face and watch your expressions. Smile, coo and gurgle. Move arms and legs easily. Lift their heads when held upright or on their tummies. Only drink breast milk or formula. Be held during feeding and burped regularly throughout

From 3 to 6 Months

Hold their heads upright without support. Prop on arms while on tummy. Look around at sound and movement. Reach for, grasp and bring toys to mouth. Transfer toys from hand to hand. Roll from back to tummy and from tummy to back. Babble, squeal and laugh out loud. Play with their toes while on their backs. Look at and play with their own hands. Express their likes and dislikes

From 6 to 9 Months

Let you know what they want with loud sounds and gestures. Prefer to be with familiar people rather than strangers. Take 2-3 naps that last at least an hour. Band objects to make noises. Say mama and dada frequently. Move around on tummy and get to hands and knees. Imitate sounds and body movements. Play give-and-take games (play ball, hide the object). Begin to eat solid foods such as crackers

